Larvicidal activity of essential oils from spices sold at Kariakoo market in Dar es Salaam, Tanzania, against Anopheles gambiae Giles ss and Culex quinquefasciatus Say

Dar es Selam, Tanzanya'daki Kariakoo piyasasında satılan baharatlardaki uçucu yağların *Anopheles gambiae* Giles ss and *Culex quinquefasciatus* Say tülerine karşı larvisidial aktivitesi

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ABSTRACT

Aim: Vector borne diseases are a threat to human lives throughout the world. Synthetic insecticides used to control these vectors have been associated with a number of negative effects and also the vectors have developed resistance to them, triggering the search for alternatives. Essential oils are natural products which have previously shown promising larvicidal activity; hence this study aimed at determining mosquito larvicidal activity of essential oils hydrodistilled from spices sold at Kariakoo market, in Dar es salaam, Tanzania.

Methods: Essential oils were hydro-distilled from eight spices purchased from Kariakoo market in Dar es Salaam, Tanzania. The spices included cloves, cinnamon, coriander, cumin, dill, fennel and ginger. The oils were screened for larvicidal activity, in 2012, against third instar larva of *Cu lex quinquefasciatus* and *Anopheles gambiae*, based on WHO protocol. The TLC profiles of the oils were also determined.

Results: Among the tested samples, essential oils from cumin, cinnamon, ginger and fennel were the most active against *Culex quinquefasciatus* larvae with LC_{50} values of 54.60, 59.25, 66.98 and 70.85 µg/ml, respectively. For *Anopheles gambiae* larvae, LC_{50} values of 44.7, 47.2, and 68.8 µg/ml were obtained for fennel, cinnamon and dill essential oils, respectively. These essential oils were chemically different as suggested by their TLC profiles.

Conclusion: The potential of spice essential oils in the control of mosquito vectors has been substantiated by the low LC_{50} values attained by most of the studied oils. Tanzania is rich in spices; hence further studies are necessary for effective exploitation of this avenue.

Keywords: Larvicidal activity, Spices; Cinnamomum zeylanicum; Cuminum cyminum; Anethum graveolens; Foeniculum vulgare; Tanzania; Culex quinquefasciatus; Anopheles gambiae.

ÖZET

Amaç: Vektör kaynaklı hastalıklar bütün Dünya'da insan yaşamı için bir tehdit oluşturmaktadır. Bu vektörleri kontrol altına almak için olumsuz yan etkileri olan sentetik insektisitler kullanılmaktadır. Sentetik insektisitlere karşı vektörler direnç geliştirmekte ve alternatif arayışını arttırmaktadır. Uçucu yağlar doğal ürünlerdir ve larvisidial aktiviteleri gösterilmiştir. Bundan dolayı, bu çalışmada, Dar es Selam, Tanzanya'daki Kariakoo piyasasında satılan baharatlardaki uçucu yağların sineklere karşı larvisidal aktivitelerinin ölçülmesi amaçlandı.

Yöntemler: Karanfil, tarçın, kişniş, kimyon, dereotu, rezene ve zencefilden elde edilen uçucu yağlar kullanıldı. Yağların üçüncü evre *Culex quinquefasciatus* ve *Anopheles gambiae* larvalarına karşı etkinliği WHO protokolü kullanılarak tarandı. Yağların TLC profilleride ölçüldü. **Bulgular:** Kimyon, tarçın, zencefil ve rezeneden elde edilen uçucu yağlar sırasıyla 54.60, 59.25, 66.98 ve 70.85 μg/ml LC₅₀ değerleriyle *Culex quinquefasciatus* larvalarına karşı en etkili ajanlar idi. *Anopheles gambiae* larvasına karşı rezene, tarçın ve dereotundan elde edilen uçucu yağların LC₅₀ değerleri sırasıyla 44.7, 47.2 ve 68.8 μg/ml idi. Daha önceden belirtildiği üzere TLC profilleri farklı olan yağların kimyasal yapılarıda farklı idi.

Sonuç: Baharatlardan elde edilen uçucu yağların sivrisinek vektörlerin kontrol altına alınmasında etkili olduğu yapılan çalışmalardan elde edilen IC₅₀ değerleriyle gösterildi. Tanzanya baharat açısından zengindir ve sivrisinek larvalarına karşı etkinliğin ortaya konulması adına daha fazla çalışmaya ihtiyaç vardır.

Anahtar kelimeler: Larvisidal aktivite; Baharatlar; Cinnamomum zeylanicum; Cuminum cyminum; Anethum graveolens; Foeniculum

vulgare; Tanzanya; Culex quinquefasciatus; Anopheles gambiae.

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INTRODUCTION

Mosquitoes constitute a major public health problem as vectors of serious human diseases such as malaria, filariasis and dengue fever which cause substantial morbidity and mortality among people living in tropical and subtropical countries [1-3]. Malaria and filariasis alone cause about one million deaths every year [4]. In Tanzania, malaria and other vector-borne diseases contribute to the major disease burden; for instance malaria constitutes 38% and 32% of children and adults admissions in health facilities [5, 6]. Furthermore, households in malaria endemic regions in Tanzania face substantial amounts of direct cash expenses on malaria prevention and treatment [7].

By the year 2008 the number of mosquito-borne diseases in Europe stood at 10 [8]. Also, *Aedes albopictus*, a vector for dengue virus can be found in all continents of the world [9]. Furthermore, this mosquito species has been associated with the spread of chikunganya in Europe. This indicates that mosquito- borne diseases are not confined to tropical and subtropical climates only since all parts of the world are at risk.

Synthetic insecticides have been extensively used for mosquito control as adulticides, repellents and larvicides [10-12]. However, development of insect resistance to synthetic insecticides and bio-pesticides [13-15], toxicity of synthetic insecticides [16], high operational cost [17] and environmental pollution [18] call for alternative approaches to control vector-borne diseases [19].

Essential oils are associated with a number of biological activities including antimicrobial, antioxidant, antiepileptic, mosquito larvicidal, adulticidal, and repellent activities [20-26]. These liquids have a very complex chemistry, being made up mostly, of lower terpenes and their oxygenated derivatives. Some of the essential oil constituents have been reported to interfere with octapaminergic nervous system in insects, a site absent in mammals, which makes these chemicals relatively safe in mammals and fish [23]. Moreover, being synthesized within living organisms they are perceived to be associated with fewer unwanted effects seen with synthetic insecticides and/or repellents [23, 27].

Larvicidal activity of spice essential oils on a number of mosquito larvae, has been done elsewhere [28-31] demonstrating good activities. This created a need to determine the potential of essential oils from readily available spices growing in Tanzania. Moreover, promising results have been reported for other Tanzanian plant products, including essential oils [32-34]. Therefore, the current study aimed at determining mosquito larvicidal activity of essential oils hydro-distilled from spices sold at Kariakoo market, in Dar es salaam, Tanzania.

METHODS

Collection of spices and extraction of essential oils

The spices were purchased in 2012 from Kariakoo market, Dar es Salaam; the largest market in the country where most of the spices can be obtained. Selection of spices was based on their ready availability. The spices included fresh ginger (Zingiber officinale Roscoe) and seven other dried spices including cardamom (Elettaria cardamomum (L.) Maton), cloves (Syzygium aromaticum (L.) cinnamon Merrill & Perry). (Cinnamomum zevlanicum Blume), coriander (Coriandrum sativum L.), cumin (Cuminum cyminum L.), Dill (Anethum graveolens L) and fennel (Foeniculum vulgare Mill). They were identified by a botanist, in the Department of Pharmacognosy, at the School of Pharmacy, MUHAS. The spices were separately subjected to hydro-distillation for 4 hours in a Clevenger-type apparatus. The resultant essential oils were dried over anhydrous sodium sulphate and stored in air-tight screw-cap vials in a refrigerator until required for testing.

Screening for larvicidal activity

Test larvae

Third-instar larvae of the two mosquito species of *Anopheles gambiae* Giles ss and *Culex quinquefasciatus* Say served as the test organisms. The larvae were reared in the mosquito insectary unit at the Institute of Traditional Medicine (ITM), MUHAS. Colonies were maintained at $26 \pm 2^{\circ}$ C, with a photoperiod of 12 hours with light and 12

hours in the dark. Yeast powder, tetramin fish food and basic flakes were used as food source for the reared larvae.

Mosquito larvicidal tests

Mosquito larvicidal tests were carried out in 2012, based on the WHO protocol [35] with slight modifications. Stock solutions of the oils in Dimethyl Sulfoxide (DMSO) were prepared at an initial conce fishof 50mg/ml. Then two-fold dilutions were prepared in 1ml of DMSO in each of the test cups to get a total of six different concentrations ranging from 50, 25, 12.5, 6.25, 3.125 to 1.5625 mg/ml of the essential oils. Ten late third-instar mosquito larvae were placed in 19.8 ml of distilled water, followed by addition 0.2ml of essential oil solutions in DMSO in a plastic cup using a micro-pipette with disposable tips, followed by gentle shaking to ensure a homogeneous test solution. This resulted into test solutions with concentrations ranging from 500 to 15.625µg/ml of essential oil. Each test comprised three replicates with the six concentrations (500, 250, 125, 62.5, 31.25, 15.625 µg/ml). The tests were repeated on three different days. The negative control consisting of 1% DMSO was carried out in parallel.

The experiments were carried out under laboratory conditions, at 26-28°C and a photoperiod of 12 h of light followed by 12 h of darkness, against laboratory reared third-instar larvae of *Anopheles gambiae* and *Culex quinquefasciatus* as per WHO standardized procedures and guidelines on larvicidal test method [35]. Mortality was recorded after 24 h of exposure during which larval food (tetramin for *Anopheles gambiae* and fish food for *Culex quinquefasciatus*) was added. The larvae which died were counted and the average percentage mortality was calculated.

Data analysis

The average percentage mortality was plotted against the logarithm of concentrations using the Fig P computer program. Regression equations obtained from the graphs were used to obtain LC_{50} and the 95% CI values [36].

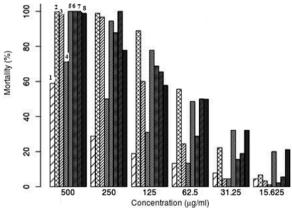
Determination of TLC profile of the essential oils

One microlitre of a 10% solution of the essential oil in ethyl acetate was applied on the silica gel 60

F254 plate followed by developing for 10 cm in petroleum ether: ethyl acetate (48:1). The developed plates were visualized by using UV lamp (254 and 365nm), after which they were sprayed with vanillinsulphuric acid reagent, followed by heating with a hand hair drier until coloured spots were evident.

RESULTS

The spices yielded essential oils ranging from 0.1 to 3.8% V/W (Table 1). The average percentage mortality of third-instar larvae of *Culex quinquefasciatus* mosquito induced by 24h exposure to various concentrations of essential oils were as shown in Table 2 and Fig. 1. At a concentration of 500μg/ml, 50% of the investigated essential oils including cinnamon, cumin, dill and fennel induced 100% larval mortality against *Culex quinquefasciatus* larvae. No mortality was noted in the control tests containing 1% DMSO indicating that the mortality observed was exclusively due to the spice essential oils.



1:Cardmon; 2:Cinnamon; 3:Cloves; 4: Coriander; 5:Cumin; 6:Dill; 7:Fennel; 8:Ginger

Figure 1. Percentage mortality of third- instar larvae of *Culex quinquefasciatus* after 24 h and exposure to spice essential oils

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Table 1. Essential	ons vielas and	i previousiv rei	ortea maior	components

S/N	Spice	Species	Family	Yield (%V/W)	Official values (%V/W)	Major essential.oil constituents [38]
1	Cardamom	Elletaria cardamomum	Zingiberaceae	3.8	≥4 [37], 2.8- 6.2 [38]	Terpinyl acetate and cineole
2	Cinnamon	Cinnamomum zeylanicum	Lauraceae	0.5	≥1.2 [37]	Cinnamic aldehyde
3	Clove	Syzygium aromaticum	Myrtaceae	3.3	≥15 [37], 14- 21 [38]	Eugenol

4	Coriander	Coriandrum sativum	Apiaceae	0.2	≥0.3% [37], 1.8 [38]	(+)-Linalool
5	Cumin	Cuminum cyminum	Apiaceae	0.9	2.5-4 [38]	Cumic aldehyde, α-pinene, - terpinene p-cymene and α-terpineol
6	Dill	Anethum graveolens	Apiaceae	1.5	3-4 [38]	Carvone and limonene
7	Fennel	Foeniculum vulgare	Apiaceae	0.6	1-4 [38]	Anethole, estragole and fenchone
8	Ginger	Zingiber officinale	Zingiberaceae	0.1	1-2 [38]	Monoterpenes, sesquiterpnes and sesquiterpene alcohol, zingiberol

Table 2. Percentage mortality of third instar larvae of Culex quinquefasciatus 24 h after treatment with spice essential oils

Ci		Concentrations (μg/ml) /percentage mortality					
Spice	500	250	125	62.5	31.25	15.625	
Cardamon	58.9	28.9	18.9	13.3	7.8	4.4	
Cinnamon	100	98.9	88.9	55.6	22.2	6.7	
Clove	98.9	96.7	60.0	24.4	4.4	3.3	
Coriander	71.1	50.0	31.1	13.3	4.4	1.1	
Cumin	100	94.4	77.8	48.6	32.2	20	
Dill	100	87.8	68.9	28.9	15.6	2.2	
Fennel	100	100	65.6	50.0	18.9	5.6	
Ginger	98.9	77.8	57.8	49.9	32.2	21.1	

The average percentage mortality of the third instar larvae of *Anopheles gambiae* caused by 24h exposure to various concentrations of essential oils of dill, fennel and cinnamon was as displayed in Table 3 and Figure 2. At a concentration of 250 μg/ml all three essential oils exhibited 100% larval mortality after 24 h of exposure. Cinnamon essential oil was found to be the most toxic, inducing 100% larval mortality at a concentration as low as 125μg/ml.

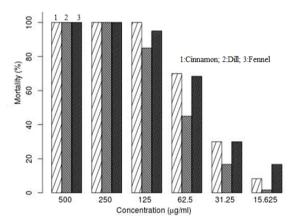


Figure 2. Percentage mortality of third- instar larvae of *Anopheles gambiae* after 24 h exposure to spice essential oils

The LC₅₀ and 95% CI values (Table 4) were calculated from the regression equations. The LC₅₀. for the studied essential oils against Culex quinquefasciatus ranged from 54.6 µg/ml (cumin) to 645.77 µg/ml (coriander). Also, the LC₅₀ values for the three essential oils from cinnamon, dill and fennel against the third instar larvae of Anopheles gambiae ranged from 44.7μg/ml for fennel, through 47.2 μg/ml for cinnamon, to 68.3µg/ml for dill (Table 5). The TLC chromatograms (Fig 3) of the spice essential oils showed at least two separated spots as in the case of cloves; for some oils the spots were as many as seven. Several components were fluorescent under UV light. Also, the chromatogram displayed several colours when the plates were sprayed with vanillin-sulphuric acid. The TLC profiles were quite distinguishable.

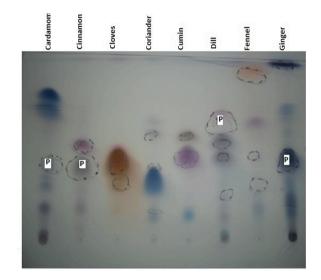


Figure 3. TLC Profiles of the essential Oils

Table 3. Percentage mortality of third- instar larvae of Anopheles gambiae in 24 h after exposure to spice essential oils

C:		Concentrations (μg/ml) and % mortality				
Spice	500	250	125	62.5	31.25	15.625
Cinnamon	100	100	100	70	30	8.3
Dill	100	100	85	45	16.7	1.7
Fennel	100	100	95	68.3	30	167

Table 4. Median Lethal concentrations of essential oils against Culex quinquefasciatus larvae

Spice	LC ₅₀ (μg/ml)	Regression equation	95% CI
Cardamom	645.77	Y = 32.376logX - 40.979	(237.92-1752.75)
Cinnamon	59.25	Y= 69.286logX- 72.821	(37.16-94.5)
Clove	94.09	Y = 74.981 log X - 97.979	(61.14- 144.80)
Coriander	248.35	Y = 47.878logX - 64.671	(126.42-487.76)
Cumin	54.60	Y = 58.424 log X - 51.493	(31.40-94.95)
Dill	86.81	Y= 70.762logX- 87.176	(54.97-137.07)
Fennel	70.85	Y = 69.391 log X - 78.396	(44.47- 112.86)
Ginger	66.98	Y= 50.725logX- 42.620	(35.41- 126.65)

Table 5. Median Lethal concentrations of essential oils against Anopheles gambiae larvae

Spice	LC ₅₀ (µg/ml)	Regression equation	95% CI
Cinnamon	47.21	Y = 66.28logX - 60.952	(28.99- 76.91)
Dill	68.83	Y= 74.19logX- 86.347	(44.52-106.41)
Fennel	44.74	Y = 62.01 log X - 52.361	(26.56-75.34)

DISCUSSION

Among the spices studied cardamom was found to have the highest yield of essential oils when compared to other spices while ginger gave the lowest yield. However, essential oil yields were very much lower than standard values [37, 38]. A number of factors including improper cultivation, collection, preparation and storage could have led to decreased essential oil yields. Also, deliberate adulteration with exhausted drug could have the same effect. However, in the case of cinnamon the spice at Kariakoo market

is normally unpeeled hence it contains cork and cortex structures which are supposed to be absent from the official drug [37]. Cork and cortex are devoid of essential oils and this could have largely contributed to the decreased yield. Furthermore, fresh Ginger was used and since the % yield is based on dry weight of plant materials this led to a low essential oil yield for this spice.

This study showed that all essential oils, except the essential oils of coriander and cardamom, exhibited good LC50 values. Moreover, the test larvae were exposed to the essential oils for only 24 h implying that the LC₅₀ values are likely to decrease further with increased exposure time [34, 39, 40]. In a previous study done in India clove essential oil exhibited LC₅₀ and LC₉₀ values of 17.84 and 23.99 mg/ml respectively against Aedes albopictus [29]. These values are relatively higher when compared with LC₅₀ of 94.09µg/ml obtained in this study for Culex quinquefasciatus. Cinnamon oil was observed to be one of the most active essential oils in this study with LC₅₀ of 47.21 and 59.25µg/ml for Anopheles gambiae and Culex quinquefasciatus, respectively. However, the commercial cinnamon oil in Delhi, India, was comparatively more active exhibiting a LC₅₀ of 0.63159 mg/L against fourth instar larvae of Aedes aegypti [41]. Moreover, it has been reported that lower LC₅₀ values for cinnamon could be associated with cinnamic aldehyde, the major component of this essential oil, which has been reported earlier, to possess larvicidal activity [23]. The Anopheles gambiae larvae were more susceptible to the essential oils when compared to Culex quinquefasciatus; this trend is similar to that observed in previous studies [36, 39]. The observed LC₅₀ values for fennel and cinnamon essential oils does not differ much from those previously reported for a Tanzanian plant Cryptomeria japonica leaf essential oil [34]. Differences seen in the larvicidal activity of the various studied essential oils could be attributed to the difference in their chemical composition as indicated in the literature (Table 1) [38] and also confirmed by their TLC profiles (Fig 3). Since the types of reported constituents are influenced by a number of factors including climate and collection time, there is a need to determine the actual constituents of these essential oils by GC-MS, especially for essential oils which showed marked larvicidal activity. The determined TLC profile (Fig.3), however, provides a cheap tool for tracking active essential oils for further study in resource limited settings.

CONCLUSION

Seventy five percent (75%) of the studied spice essential oils demonstrated a good larvicidal activity. These promising results, in concurrence with the increased problems linked with usage of synthetic insecticides and management of mosquito borne diseases, call for more studies including semi-field and field studies, toxicity to non-targeted organisms aiming at developing effective and safe larvicides from essential oils. In addition, it is also important to determine the chemical constituents for the observed larvicidal activity.

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