TRANSMURAL MIGRATION OF A RETAINED SPONGE THROUGH BOWEL WALL CAUSING INTESTINAL OBSTRUCTION

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ABSTRACT
Gossypiboma (GP) or retained surgical sponge is one of the rare surgical complications that can happen despite precautions. It is an avoidable surgical complication that can lead to increased patient Morbidity and profound Medico-legal implications. Abdominal textiloma may be asymptomatic or present serious gastrointestinal complications such as bowel obstruction, perforation or fistula formation because of misdiagnosis, it may mimic abscess formation in early stage or soft tissue masses in the chronic phase.

KEYWORDS Gossypiboma, small bowel obstruction

Case report
33 years-old-female delivered by lower segment caesarian section (LSCS) two months back presented in surgical emergency with complaints of pain abdomen, vomiting multiple episodes, abdominal distension and absolute constipation for three days. Records of LSCS revealed a lot of intraoperative bleedings that was managed by difficulty.

On examination, she was ill looking, conscious, oriented with a heart rate of 100/ min, respiratory rate of 22 breaths/min, the temperature of 1000 f and BP of 110/70 mmHg. An infraumbilical midline scar of LSCS was present, done two months back. Abdominal fullness and moderate diffuse tenderness found on examination. Laboratory workup revealed Hb of 9.0 gm/dl and TLC of 14×10 (9)/L.

Air fluid levels noticed on erect abdominal X-ray. Ultrasonography abdomen showed distended gut loops and a heterogeneous mass in the right lower abdomen. Computerised tomography abdomen showed 9×10 cms mass with hyperdense foci within it in the right upper paramedian region and distended small gut loops. [Figure 1]

During surgery, a 10×10 cm mass was seen in distal ileum 20 cm proximal to the ileocecal region with distended proximal stomach and severe dense adhesion with jejunum sigmoid colon and the parietal wall. With gentle dissection, adhesions were separated out, and the mass lesion was excised out with six cms margins on either side. Ileo-ileal anastomosis established bowel continuity.
Figure 1: Computerised tomography is showing sponge in bowel lumen with distended gut loops.

Figure 2: Evacuated surgical sponge.

On incising the mass, a big retained surgical sponge was found. [Figure 2] Postoperative period was uneventful. Oral feeds started on fifth postoperative day and patient was discharged on the 7th day. [Figure 3]

Discussion

Gossypiboma defined as a mass of cotton matrix retained within the human body following surgery (Gossypium: Latin word meaning cotton and Boma: Swahili word meaning a place of concealment[4]. It can produce two types of foreign body reactions.

An aseptic fibrinous response that can form a granuloma or pseudotumor that often follows a silent course. The others follow an exudative response that leads to abscess formation and produce immediate symptoms. It may go unnoticed up to years or may result in intestinal obstruction, fistula formation, peritonitis, abscess formation, spontaneous expulsion and erosion into a neighboring blood vessel. It may also observe in cases of transmural migration into small bowel, stomach, large bowel or urinary bladder and 10% mortality [5].

Foreign bodies may ultimately migrate into the ileum without any apparent opening in the intestinal wall.
They usually cannot pass the ileocecal valve and cause complete intestinal obstruction at this level. However, if they can go through this valve, they are quickly discharged through the anus [6].

Imaging modalities used to gossypibomas include radiographs, ultrasound abdomen, computerized tomography and MRI abdomen. Sonographic findings in cases of gossypiboma can be divided into three types as follows:

- hyperechogenicity image with posterior acoustic shadowing;
- well-defined mass with cystic contents and echogenic, undulated internal structures;
- non-specific finding of complex and/or hypoechoic mass.

Invariably, internal vascular flow is absent at Doppler study.

At CT, gossypibomas are identified as a mass with well-defined contours, with soft tissues density and high or even mixed masses. Sometimes containing air bubbles and high-density capsule that may presents enhancement in the post-contrast phase[7].

Gossypibomas appearance at MRI is varied, being most commonly identified as a heterogeneous mass, sometimes showing a solid-cystic component, with well-defined contours, surrounded by a well-delimited capsule. Hypo signal and hyp signal predominate respectively on T1-weighted and T2-weighted images, including internal serpiginous and irregular images with the intermediate signal on both T1- and T2-weighted imaging.[8].

Conclusion

Although surgery is the recommended mode of treatment, prevention is best. During surgery, there should be a clear record of all foreign materials used, without exception. Textile materials used should impregnate with radiopaque markers. At the end of the procedure, the surgical site should be thoroughly checked for any retained foreign bodies and incision should be closed after the consent of theatre assistant[9].

Authors’ Statements

Competing Interests

The authors declare no conflict of interest.

References


