

NEW HOPE IN TRIPLE NEGATIVE BREAST CANCER TREATMENT: ROLE OF IMMUNOTHERAPY

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ABSTRACT Breast cancer is one of the most common types of solid cancer, with an incidence rate of 16.7% of all cancer cases in Indonesia. There are several molecular subtypes in breast cancer. Among these molecular subtypes, basal-like breast cancer, commonly known as triple-negative breast cancer, has a more aggressive clinical course than other subtypes. Most of the previous studies showed that triple negative breast cancer showed worse prognosis compared to hormonal positive breast cancer. Triple negative breast cancer has a higher number of tumour-infiltrating lymphocytes and Programmed Death-Ligand 1 expression compared to other subtypes. Before the era of immunotherapy, triple negative breast cancer patients were treated using chemotherapy either as neoadjuvant or adjuvant chemotherapy. However, treatment of metastatic triple negative breast cancer using chemotherapy has limited effectiveness and also associated with unexpected toxicity profile. Therefore, other therapeutic agent options to improve the outcomes of treatment in triple negative breast cancer were developed. New treatments in triple negative breast cancer have different target of pathways or molecules. Immunotherapy, based on specific biomarkers, is new hope in the management of triple negative breast cancer.

KEYWORDS triple negative breast cancer, treatment, immunotherapy

Introduction

According to Global Cancer Observatory (Globocan) 2018 data, breast cancer is the most common type of solid tumor diagnosed in women and one of the leading cause of cancer deaths in women throughout the world.[1] In Indonesia, breast cancer is also the most common type of cancer with an incidence rate of 16.7% of all cancer cases.[2] Breast cancer is a heterogeneous disease with different genetic, histological and clinical characteristics. Molecular classification of breast cancer is divided into five groups (luminal A, luminal B, HER-2, normal breast-like, and basal-like) which are determined based on examination of the

gene expression profile.[3,4] Among these molecular subtypes, basal-like breast cancer, commonly known as triple-negative breast cancer (TNBC), has a more aggressive clinical course than other subtypes. About 10-15% of all diagnosis of breast cancer is TNBC, which is clinically defined as the absence of an estrogen receptor (ER / estrogen receptor), progesterone receptor (PR / progesterone receptor),[5] and receptor human epidermal growth factor 2 (HER2).[6,7]

Most of the previous studies showed that TNBC showed worse prognosis compared to hormonal positive breast cancer. TNBC has a more aggressive course of disease than other types of breast cancer.[5,8] It is more common in younger and obese women with an average onset at 53 years.[8-12] Triple negative breast cancer has special characteristics like high mitosis index, area of central necrosis, significant-high degree pleomorphic, few stromal components, large average tumor size, higher tumor grade, and commonly involving lymph nodes. The absence of hormonal receptors in TNBC patients leads to difficulties in managing TNBC. Chemotherapy is the backbone of treatment in TNBC since it does not respond to hormonal treatment or target therapy.[13-15] Population-based studies by Bauer et al. showed that TNBC is 1.5 times more common in women younger than 40

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years with a 5-year survival of 14%.[16] As many as 50% of early-stage TNBC patients (stage I to III) experience disease recurrence, and 37% die within the first five years after surgery.[17-18]

Triple negative breast cancer has a strong correlation with BRCA1/2 mutation status, and nearly 20% of patients are mutation carriers.[19] Patients are usually diagnosed at T2 or T3, with lymphovascular invasion, and already metastasized to the lymph nodes.[9] Brain, lungs and bones are the most common target organ in metastatic TNBC.[8]

A cohort study in Brazil about survival in TNBC patients found that most patients presented with stage III, high p53 expression, lymphocytic infiltration, multifocal and previously treated with radical surgery and chemotherapy. It was reported that overall survival (OS) and disease-free survival (DFS) for five years of TNBC patients was 62.1% and 57.5%, whereas in non-TNBC patients were 80.8% and 75.3%, $p < 0.001$. [20] Therefore, this review is made to learn more about TNBC, 'the very dangerous breast cancer' along with immunotherapy as a new hope in TNBC treatment.

Expression of PD-1/PD-L1 in Triple Negative Breast Cancer

Among breast cancer subtypes, TNBC has a high mutation burden, which can result in a higher frequency of immunogenic mutations.[21-22] Programmed cell death protein 1 (PD-1) is a negative regulator of T cell activity that limits T cell activity at various stages of the immune response when interacting with two ligands, namely PD-L1 and PD-L2. PD-1 is expressed on the surface of lymphocytes and antigen-presenting cells. When PD-1 binds to a ligand, through phosphatase activity, it will inhibit the signalling kinase pathway, which generally leads to activation of T cell receptors.[23] In other words, the presence of PD-1 in the tumor microenvironment prevents the occurrence of a comprehensive antitumor immune response.[24] PD-L1 expression is found in 20-50% of all breast cancer subtypes and is associated with higher histological grade, larger tumors, and the absence of hormone receptors.[25] PD-L1 expression is expected to be higher in TNBC compared to non-TNBC.[26-29]

TNBC has a higher number of tumour-infiltrating lymphocytes (TIL) than other subtypes. In the earlier stage, the amount of TIL is associated with better survival, decreased risk of recurrence, and an increased response to neoadjuvant chemotherapy. Besides, TNBC which has higher PD-L1 expression than other breast cancer subtypes, thus making anti-PD-1 and PD-L1 as potential therapeutic targets.[28-29] These characteristics will make TNBC more responsive to immunotherapy.

Therapeutic agents targeting PD-1 and PD-L1 are the focus of the blockade of immune checks in various tumors. Some anti-PD-1 agents such as pembrolizumab and nivolumab, anti-PD-L1 such as atezolizumab, avelumab, and durvalumab are effective in the treatment of various malignancies and have been approved as treatments for melanoma, non-small cell lung cancer, Hodgkin's lymphoma, bladder cancer, cell lymphoma B, cervical cancer, kidney cancer, and head and neck cancer.[30]

Treatment of TNBC in Pre-Immunotherapy Era

Before the era of immunotherapy, TNBC patients were treated using chemotherapy either as neoadjuvant or adjuvant chemotherapy. Neoadjuvant chemotherapy is given as the treatment of local early-stage breast cancer patients who are contraindicated

in surgery or breast-conserving therapy.[31-32] The platinum-based regimen is recommended because it might work better on TNBC.[33-34]

Studies on metastatic TNBC patients who received cisplatin or carboplatin as first-line or second-line obtained an ORR of 26% with a median PFS of 2.9 months, where the ORR was better in the first-line group.[35] In phase II randomized study, metastatic TNBC treated with iniparib compared with gemcitabine combined with carboplatin showed a median of PFS 3.6 months and median of OS of 7.7 months.[36]

Complete pathological response in breast cancer have a strong association with better long-term outcomes [37-39]. Neoadjuvant chemotherapy in TNBC results in a higher complete pathologic response rate compared to hormonal positive and negative HER2 breast cancer (28-30% vs 6.7%). However, TNBC patients showed lower progression-free survival (PFS) and 3-years OS.[37-38] The 5-year OS of TNBC treated with adjuvant chemotherapy was 66.5% (95% CI 55.5-75.3).[40]

Based on a systematic review by Li CH et al., treatment of metastatic TNBC using chemotherapy has limited effectiveness and also associated with unexpected toxicity profile. Therefore, other therapeutic agent options to improve the outcomes of treatment in TNBC were developed.[41] New treatments in TNBC have different target of pathways or molecules. Targeted therapies in TNBC have been developed such as Poly (ADP-ribose) polymerase-1 (PARP-1) inhibitor, and some are still in research such as targeted therapy in epidermal growth factor receptor (EGFR) receptors, FGFR2, VEGF, and mammalian target of rapamycin (mTOR).[42]

Immunotherapy as A New Hope in Management of TNBC

In the last decade, some evidences highlighted the leading role of the immune system in the course of TNBC disease. The presence of tumour-infiltrating lymphocytes (TIL) in the immunohistochemical examination is widely recognized as a good predictor of TNBC prognosis.[43-46] In addition, the presence of a high cytotoxic TIL (CD8+), or high CD8 + / FOXP3 + ratio, indicates that TNBC patients will have a better prognosis with neoadjuvant chemotherapy treatment.[47]

Along with the presence of TIL, the expression of immune inhibitor antitumor molecules in tumor microenvironment, such as programmed death-ligand 1 (PD-L1), has also been shown to affect the prognosis of TNBC.[28,29,48] The presence of lymphocyte infiltration or immune response is associated with a better TNBC prognosis.[49] These findings showed that utilizing the immune system might provide good benefits in fighting breast cancer. The development of new therapeutic agents aimed at competing for immune checkpoint molecules, such as anti-PD-L1 and anti-PD-L1 monoclonal antibodies, provide a rational approach to use immunotherapy as a treatment in TNBC patients. At present, several clinical trials regarding the role of immunotherapy in the treatment of TNBC have been carried out, although some are still under investigation. Several studies use immune checkpoint inhibitors against TNBC, both monotherapy or a combination with chemotherapy.

In the IM Passion 130 study, Schmid et al. demonstrated the benefits in OS of metastatic or advanced local TNBC patients who were inoperable with PD-L1 positive through the addition of an anti-PD-L1 agent, atezolizumab, to the first-line chemotherapy regimen with Nab-paclitaxel. About 60% of patients in the study experienced a relapse after previous adjuvant/neoadjuvant treatment, of which 37% were in stage IV. In

12.9 months observation, the median PFS of the patient was significantly increased in patients given additional atezolizumab compared to chemotherapy alone (7.2 vs. 5.5 months), subsequently, in the TNBC population with PD-L1 + the benefit in PFS was better (7.5 vs. 5.0 months). Median OS statistically increased 9.5 months with the addition of atezolizumab in the PD-L1 + population (25.0 vs. 15.5 months). In addition, the objective response rate (ORR) and complete response are higher in populations treated with atezolizumab.[50] The results of IMpassion130 study lead breast cancer treatment into the era of immunotherapy.[51]

The KEYNOTE-150 study assessed a combination of chemotherapy with immunotherapy, namely eribulin and pembrolizumab. Of 107 metastatic TNBC patients, 65 patients were treatment-naïve, and 42 patients received first or second-line treatment. Half of the population in this study is PD-L1 positive TNBC (45.8%). The ORR of this combined treatment in the overall population was 26.4% and 30.6% in patients with PD-L1 positive. The median PFS in this study population was 4.2 months, with a median OS of 17.7 months.[52]

Several studies used immunotherapy as a single agent, such as KEYNOTE-012, KEYNOTE-086, JAVELIN, and NCT01375842. In the KEYNOTE-012 study, phase 1B of pembrolizumab study included 111 advanced TNBC patients. This study assessed the safety profile and antitumor activity. Reported toxicity that occurred mostly mild and similar to the observation in other cohort studies such as arthralgia, fatigue, myalgia, and nausea. Only 15.6% of patients experienced toxicity more than grade 3 and one experienced death due to treatment. A total of 27 patients that could be evaluated for antitumor activity, only 18.5% of patients achieved a complete or partial response, with a median duration of treatment response of 17.9 weeks (range 7.3 to 32.4 weeks). In this study, PFS was 1.9 months, with a median OS of 11.2 months. In other words, this phase 1B study described the evidence of clinical activity and the potential safety profile in TNBC treatment using 14-days cycles pembrolizumab.[53]

KEYNOTE-086 study demonstrated that administration of pembrolizumab monotherapy has a good antitumor activity and safety profile in metastatic TNBC patients who have received prior treatment. In addition, TIL levels can identify metastatic TNBC patients with a higher likelihood of achieving good response to pembrolizumab monotherapy, especially if given as first-line.[54,55]

In phase 1 JAVELIN Study, the anti-PD-L1 agent, avelumab, produced an ORR of 5.2% in treatment-naïve metastatic TNBC patients. As many as 68.8% of the population have positive PD-L1. Avelumab shows an acceptable safety profile and clinical activity in metastatic breast cancer patients. PD-L1 expression may be related to the possibility of a better clinical response to avelumab in metastatic breast cancer patients.[56] In NCT01375842 study, which included 116 advanced TNBC patients without differentiating PD-L1 status, atezolizumab was used as monotherapy. The study showed ORR of 10%, median PFS 1.4-1.9 months, with a median OS of 8.9 months. A total of 65.7% of patients had positive PD-L1 with an ORR of 12.7%. Of the 116 patients that could be evaluated, adverse events were reported due to treatment in 73 patients (63%), which 79% of them were grade 1 and 2. Most side effects appear in the first year of treatment. In other words, the sole agent atezolizumab is well tolerated and provides good clinical benefits in metastatic TNBC patients with stable or responsive disease and as the first-line treatment.[57]

Conclusion

Immunotherapy is new hope in the management of TNBC. The immunotherapy that currently available is pembrolizumab, nivolumab, atezolizumab, avelumab, and durvalumab. Before deciding treatment for advanced TNBC patients, it is better to identify the patients based on specific biomarkers. Immune checkpoint inhibitors are better to be combined with other agents to increase treatment efficacy. The combination of atezolizumab and nab-paclitaxel provides the best treatment outcomes in TNBC. Immunotherapy should also be given as first-line treatment in metastatic TNBC to improve treatment response. Also, immunotherapy has a tolerable good safety profile and good clinical activity in TNBC.

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