Utilization of ChatGPT in Medical Education: Applications and Implications for Curriculum Enhancement

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ABSTRACT

Background: The integration of artificial intelligence (AI) into medical education has sparked a paradigm shift in pedagogical approaches, reshaping the way medical knowledge is accessed, processed, and applied. Medical education is a dynamic field that demands continuous adaptation to the evolving healthcare landscape. ChatGPT, an advanced AI language model, with its natural language understanding and generation capabilities, offers a multifaceted toolset that enhances various aspects of medical education. Objective: The objective of this paper is to explore how ChatGPT, an advanced AI language model, is transforming medical education by serving as a dynamic information resource and driving curriculum reform. It aims to highlight the multifaceted uses of ChatGPT and its potential to reshape the pedagogical landscape in medical education.

Methods: PubMed, Scopus, Web of Science, ERIC, and Google Scholar databases were searched to assess the literature that met the study objectives from 2019 to August 2023 with explicit inclusion and exclusion criteria. Results: The results demonstrate that ChatGPT’s applications in medical education are diverse and encompass real-time curriculum adaptation, personalized learning, and collaborative learning. Its capacity to provide immediate and contextually relevant information has the potential to enhance the quality of medical education significantly. Conclusion: ChatGPT’s integration into medical education represents a transformative shift in educational approaches. It offers a wide range of capabilities, from serving as a repository of medical knowledge to facilitating collaborative learning. As medical education continues to evolve, ChatGPT emerges as a powerful tool that can reshape pedagogy and drive meaningful curriculum reform to meet the needs of modern healthcare practice. ChatGPT emerges as a transformative tool that holds the potential to reshape the landscape of medical pedagogy and drive meaningful curriculum reform.

Keywords: Artificial intelligence, ChatGPT, medical education, curriculum.

1. BACKGROUND

The integration of artificial intelligence (AI) into other generative language models in medical education has sparked significant interest, reshaping the way medical knowledge is accessed, processed, and applied. This has offered potential benefits and posed various challenges. Moreover, it has introduced innovative possibilities for enhancing the learning process. Among these advancements, ChatGPT, a state-of-the-art generative language model, emerges as a prominent tool with versatile uses in medical education.

Medical education is a dynamic field that demands continuous adaptation to the evolving healthcare landscape. ChatGPT, an advanced AI language model, with its natural language understanding and generation capabilities, offers a multifaceted toolset that enhances various aspects of medical education. Artificial intelligence technology is not just activating comprehensive reforms in global medical education; it is also fundamentally altering the landscape and accessibility of medical education. It has the potential to enable extensive personalization and diversification of medical education. It is imperative to address the issues and challenges presented by AI in medical education.

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and curriculum. Collaborative efforts involving scholars and society are essential in driving medical education towards elevated standards of quality, efficiency, and long-term viability (1).

The objective of this paper is to explore how ChatGPT, an advanced AI language model, is transforming medical education by serving as a dynamic information resource and driving curriculum reform. This article explores the various applications of ChatGPT within the realm of medical education, highlighting its potential for reforming the curriculum.

Through a synthesis of existing literature and insights, this article sheds light on the multifaceted ways in which ChatGPT is being leveraged to optimize medical education practices. It provides valuable perspectives for educators, researchers, and policymakers on how to effectively leverage ChatGPT’s capabilities while addressing the concerns surrounding its implementation in medical education.

2. OBJECTIVE

This article explores the various applications of ChatGPT within the realm of medical education, highlighting its potential for reforming the curriculum.

3. MATERIAL AND METHODS

High-quality data that fulfilled the study objectives were included. Furthermore, exhaustive research on articles available in gateways and reputable databases such as PubMed, Scopus, Web of Science, ERIC, and Google Scholar were considered for literature review. Articles published in English from 2019 to 2023 were selected.

We searched the key words of “Artificial Intelligence” OR “AI” OR “ChatGPT” AND “medical education” OR “medical curriculum”

Gray literature, theses, abstracts short communication, opinion papers, letter to the editor, commentary articles, non–English-language articles and literature dated before 2019, were excluded from the study.

4. RESULTS

USES OF CHATGPT IN MEDICAL EDUCATION

The incorporation of artificial intelligence (AI) into medical education has introduced innovative possibilities for enhancing the learning process. Among these advancements, ChatGPT, a state-of-the-art generative language model, emerges as a prominent tool with versatile uses in medical education (2). ChatGPT can be useful in medical education, including tailoring education based on the needs of the student with immediate feedback. It can also be used to enhance communication skills given proper academic mentoring (3).

Additionally, a recent preprint by Benoit showed the promising potential of ChatGPT in rapidly crafting consistent realistic clinical vignettes of variable complexities that can be a valuable educational source with lower costs (4).

1.1. Enhancing Information Access and Dissemination

ChatGPT’s ability to swiftly retrieve and present medical information has the potential to revolutionize the accessibility of medical knowledge (5). Whether students are seeking explanations of medical concepts, treatment protocols, or diagnostic criteria, ChatGPT can provide immediate responses, streamlining the process of information acquisition.

Moreover, ChatGPT’s breadth of knowledge spans across diverse medical disciplines and specialties. This breadth enables it to function as an all-encompassing resource, accommodating the multifaceted nature of medical education (6). Medical students, often required to navigate a spectrum of subjects, can rely on ChatGPT to provide succinct yet comprehensive explanations that span from anatomy to pharmacology to clinical practice. This capacity to consolidate information into concise responses aligns with the modern demand for efficient and effective learning tools (7,8).

In the realm of medical education, the pursuit of accuracy is of paramount importance. Medical students and educators alike must be assured that the information they access is credible, evidence-based, and up-to-date. ChatGPT, while proficient in generating responses, is not immune to potential inaccuracies or outdated information. Therefore, its integration necessitates a rigorous validation process. This validation involves cross-referencing ChatGPT’s responses with reputable medical literature, peer-reviewed research, and established medical guidelines. This two-step verification, combining the power of AI with the expertise of human evaluators, serves as a safeguard against misinformation and reinforces the commitment to accuracy (9).

ChatGPT’s role as a comprehensive and immediate information resource holds immense promise in the realm of medical education. Its ability to swiftly retrieve and consolidate medical knowledge, coupled with the potential for real-time updates, presents an opportunity to redefine how medical students and educators access information (10,11). Nevertheless, it is crucial to recognize that ChatGPT’s deployment requires rigorous validation and quality control measures to ensure the accuracy and reliability of the information it provides (12,13). As educators harness the potential of ChatGPT, they must navigate the balance between technological convenience and a steadfast commitment to offering accurate and up-to-date medical information to nurture the next generation of healthcare professionals (14).

1.2. Personalized Learning Experiences

The customization of learning experiences is a pivotal aspect of modern education. This discourse delves into how ChatGPT can contribute to personalized learning in medical education, tailoring content to individual students’ needs, learning styles, and preferences (15). By doing so, ChatGPT has the potential to foster a more engaging and effective educational journey, ultimately shaping a new frontier in medical pedagogy.

In the realm of medical education, the heterogeneity of students’ backgrounds, prior knowledge, and learning paces underscores the significance of personalized learning approaches (16). ChatGPT, powered by its capacity for natural language understanding and generation, has the ability to analyze student queries, responses, and interactions, creating a unique profile of each learner (17). This personalized profile serves as a blueprint for tailoring educational content and engagement strategies that resonate with individual students.

The tailoring of content encompasses adapting educational material to align with the specific needs of each learner. For instance, a student grappling with complex anatomical concepts might receive explanations that emphasize visual aids, interactive diagrams, or step-by-step breakdowns. Con-
versely, a more experienced student seeking advanced medical discussions could be provided with in-depth analyses, research papers, and case studies(18). Through this content adaptation, ChatGPT ensures that each student receives information that is at their level of comprehension, preventing frustration from overly complex material or boredom from oversimplified content(19).

Learning styles play a crucial role in knowledge absorption and retention. ChatGPT’s ability to recognize and accommodate various learning styles, whether auditory, visual, or kinesthetic/kinaesthetic, is transformative(20). Visual learners can benefit from diagrams, charts, and visual aids, while auditory learners can engage through voice interactions that explain complex concepts. Kinesthetic/kinaesthetic learners might receive interactive simulations that allow them to engage directly with medical scenarios. This alignment with individual learning preferences enhances information assimilation, making the learning process more intuitive and enjoyable.

Furthermore, ChatGPT’s continuous interaction with students generates insights into their preferences, pace, and areas of interest. Over time, ChatGPT can identify patterns in students’ queries and responses, adapting its responses accordingly(21). For instance, if a student frequently seeks information on cardiology, ChatGPT can proactively provide updates on the latest cardiology research or suggest relevant resources. This proactive approach not only fosters student engagement but also nurtures a sense of ownership over the learning process.

Engagement lies at the heart of effective education. The dynamic, conversational nature of ChatGPT contributes to a heightened sense of engagement and interactivity. Rather than passively consuming information, students actively participate in discussions, debates, and queries(22). This two-way interaction transforms the learning experience from a monologue to a dialogue, fueling curiosity and exploration. Additionally, ChatGPT’s responsiveness to students’ queries creates a sense of immediacy, mirroring the real-time nature of medical practice(23).

ChatGPT’s potential to contribute to personalized learning in medical education marks a significant advancement in pedagogical strategies. By adapting content, catering to diverse learning styles, and fostering engagement through interactive conversations, ChatGPT offers a pathway to create a tailored educational journey for each student. As medical educators seek to enhance learning outcomes and equip students with versatile skills, ChatGPT emerges as a transformative tool that has the potential to redefine the boundaries of personalized medical education(24).

1.3. Facilitating Curriculum Adaptation

Medical education must remain adaptable to the ever-evolving landscape of healthcare. ChatGPT’s dynamic capabilities can aid educators in promptly updating curricula to reflect the latest medical advancements and emerging trends. As medical educators strive to prepare students for the complexities of healthcare practice, the challenge of maintaining a curriculum that reflects the latest advancements becomes increasingly critical. In this context, ChatGPT, an advanced AI language model, offers a transformative solution by serving as a tool for real-time curriculum adaptation in medical education(25).

Traditional medical curricula often encounter difficulties in keeping up with the relentless pace of medical breakthroughs. The time required to design, approve, and implement changes to curricula can result in students learning outdated information or missing out on emerging medical paradigms(26). ChatGPT’s ability to aggregate and process vast volumes of information in real time can address this challenge by functioning as a dynamic content updater. By continuously monitoring the latest medical literature, research publications, and clinical guidelines, ChatGPT can identify and integrate cutting-edge knowledge into the curriculum on the fly(27).

This real-time curriculum adaptation goes beyond mere information dissemination. ChatGPT’s natural language processing capabilities enable it to contextualize and integrate new knowledge seamlessly into existing curricula(28). For instance, if a groundbreaking study challenges conventional treatment approaches, ChatGPT can swiftly synthesize the implications of this study, outline the rationale for the change, and present it in a manner that aligns with the broader curriculum. This adaptability ensures that students receive not only updated information but also a comprehensive understanding of the context and implications of these updates.

Furthermore, ChatGPT’s personalized learning features enable it to cater to the diverse learning paces and preferences of individual students. Recognizing that students progress through curricula at varying speeds, ChatGPT can identify areas where students require additional focus or where they exhibit accelerated progress(29). By tailoring content delivery based on individual progress, ChatGPT fosters a learning experience that is both tailored and engaging. This adaptive mechanism enhances student motivation and retention, resulting in a more efficient and effective educational journey(30).

While ChatGPT’s potential for real-time curriculum adaptation is promising, it is vital to recognize the ethical implications of rapid changes. Ensuring that the updated information is meticulously validated and corroborated through reputable sources is imperative to prevent the dissemination of misinformation(31). This validation process, involving human experts and established medical literature, serves as a safeguard against potential inaccuracies that may arise from the fast-paced integration of new information(13).

ChatGPT’s role as a tool for real-time curriculum adaptation presents an innovative solution to the challenge of equipping medical students with the most current knowledge. Its ability to monitor, synthesize, and contextualize emerging medical advancements empowers educators to offer a curriculum that reflects the dynamic nature of medical practice(11). However, this transformation must be underpinned by a commitment to accuracy, quality assurance, and ethical considerations. By embracing ChatGPT as a partner in curricular evolution, medical education can bridge the gap between rapidly evolving medical knowledge and the educational framework, fostering a generation of healthcare professionals who are well-prepared to address the ever-changing landscape of medicine(32).

1.4. Addressing Clinical Scenarios and Problem-Solving

The heart of medical education lies in preparing future
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ChatGPT’s potential to simulate patient interactions opens a new avenue for enhancing clinical problem-solving in medical education. By engaging in lifelike dialogues, students practice communication skills, refine diagnostic approaches, and hone evidence-based decision-making(3,36). The integration of AI into this educational context bridges the gap between theoretical knowledge and practical application, ultimately fostering a generation of healthcare professionals who are adept at navigating the intricate landscape of clinical scenarios(25,32). As medical education evolves to embrace technology, ChatGPT stands as a catalyst for advancing the art and science of clinical problem-solving.

5. DISCUSSION

Collaborative Learning and Peer Interaction

In the realm of medical education, the shift from passive knowledge consumption to active engagement and collaboration has gained traction as educators recognize the value of fostering a community of learners. Collaborative learning and peer interaction are not only foundational to building a sense of camaraderie but also instrumental in enhancing critical thinking, problem-solving, and communication skills(10). In this context, the integration of artificial intelligence (AI), particularly ChatGPT, holds the potential to reshape the landscape of collaborative learning in medical education.

Collaborative learning is predicated on the notion that collective wisdom and diverse perspectives contribute to deeper understanding and insight. ChatGPT emerges as an AI tool that can amplify the collaborative learning experience by acting as a virtual discussion partner. (3)As medical students convene in virtual spaces to discuss medical cases, research findings, or clinical scenarios, ChatGPT can serve as a facilitator, providing input, generating questions, and offering insights that stimulate thoughtful discussions(37). This AI-mediated discourse encourages students to explore varying viewpoints, consider alternative approaches, and critically analyze medical concepts from multifaceted angles.

One of ChatGPT’s standout attributes is its capacity to process multiple inputs simultaneously, making it an ideal tool for group discussions. Medical students can input queries or prompts into ChatGPT, which then generates responses that contribute to the ongoing conversation. This asynchronous interaction transcends traditional constraints of time and space, allowing students to engage in discussions at their own pace(21,27,38). Additionally, ChatGPT’s impartiality ensures that all voices are considered, promoting an inclusive learning environment where diverse perspectives are valued.

Information sharing is another cornerstone of collaborative learning. ChatGPT’s ability to rapidly retrieve and synthesize medical information from diverse sources transforms it into a knowledge repository that students can tap into(5,29). Medical students can pose queries to ChatGPT about specific medical topics, recent research findings, or clinical guidelines. This AI-generated information serves as a springboard for informed discussions and shared insights, enriching the collective knowledge of the group(38). By fostering a culture of information exchange, ChatGPT empowers students to explore beyond their immediate areas of expertise and broaden their understanding of the medical landscape.

Collaborative problem-solving, a skill integral to medical
practice, is honed through interactive engagement with peers. ChatGPT’s role in collaborative problem-solving lies in generating alternative solutions, posing probing questions, and guiding students through complex scenarios(3,27,39). As students collectively tackle clinical dilemmas or diagnostic challenges, ChatGPT can offer diverse perspectives, encouraging students to critically evaluate options, weigh the pros and cons, and arrive at well-informed decisions. This iterative process mirrors the collaborative nature of medical decision-making and nurtures the analytical skills essential for effective medical practice(29,32).

However, the integration of ChatGPT into collaborative learning requires careful consideration of its role and limitations. While AI can enhance group discussions, the human element remains pivotal. Students must recognize that ChatGPT’s insights are based on existing data and may not encompass every nuance of medical practice(9). Encouraging students to engage in reflective discussions that challenge AI-generated responses fosters a culture of critical inquiry and aligns with the ethos of medical education.

ChatGPT’s potential to facilitate collaborative learning and peer interaction in medical education marks a transformative stride toward creating an enriched and dynamic learning environment. By fostering discussions, sharing information, and guiding collaborative problem-solving, ChatGPT contributes to the cultivation of teamwork, critical thinking, and information exchange among medical students. As medical education evolves, ChatGPT emerges as a catalyst for harnessing the power of technology to enhance collaborative learning, empowering students to learn not only from the knowledge within textbooks but also from the collective wisdom of their peer(24,34).

Revolutionizing medical curricula through ChatGPT: a paradigm shift

Medical curricula have traditionally relied on standardized textbooks and lectures to disseminate knowledge. However, the emergence of AI, particularly ChatGPT, challenges this conventional model by offering dynamic and interactive learning experiences(6). ChatGPT’s capacity to provide immediate, contextually relevant information to students is a game-changer in curriculum design. It allows educators to pivot from a rigid, pre-structured curriculum to a fluid, adaptable framework where information is delivered on demand, catering to the diverse learning needs of individual students(11,19).

ChatGPT’s influence on curriculum reform extends beyond information delivery. It empowers students to be active participants in their learning journey(22). In the traditional model, students often passively receive information. In contrast, ChatGPT encourages students to pose questions, engage in dialogue, and drive their own learning. This shift from passive absorption to active inquiry fosters a sense of ownership over one’s education and cultivates critical thinking skills—essential attributes for modern healthcare practitioners(40).

Furthermore, ChatGPT’s potential to simulate patient interactions and generate clinical scenarios presents a groundbreaking avenue for experiential learning. Medical curricula often struggle to provide adequate patient exposure, especially in the early stages of training. ChatGPT bridges this gap by offering realistic scenarios for students to practice clinical decision-making, diagnostic skills, and patient communication. This experiential learning not only enhances clinical acumen but also instills a sense of confidence in medical students as they transition to real patient encounters.(41) The reformatory impact of ChatGPT on medical curricula is not limited to content delivery—it extends to the very essence of assessment. Traditional assessments often emphasize rote memorization and regurgitation of information. ChatGPT introduces the concept of dynamic assessments, where students are evaluated based on their ability to synthesize information, apply critical thinking, and collaborate effectively. By posing complex scenarios and assessing students’ responses in real-time, ChatGPT transforms assessments into a tool for gauging students’ clinical reasoning, decision-making skills, and adaptability(42).

However, this transformative potential is met with considerations. As ChatGPT’s role evolves in medical curricula, ethical implications arise. Striking a balance between the convenience of AI and the preservation of the doctor-patient relationship is crucial(6,26,29). Ensuring that students recognize the boundaries of AI’s capabilities is essential to prevent an overreliance on technology that may compromise empathy and human connection—cornerstones of effective patient care.

6. CONCLUSION

ChatGPT’s integration into medical curricula marks a seismic shift in education methodology. Its ability to deliver dynamic, interactive, and experiential learning experiences challenges the traditional notions of curriculum design and content delivery. As medical educators contemplate curriculum reform, ChatGPT’s potential to adapt, engage, and simulate real-world scenarios positions it as an instrument of change. The journey towards curriculum reform fueled by ChatGPT is a testament to the dynamic nature of medical education, where AI technology and human expertise collaborate to nurture a new generation of healthcare professionals equipped to navigate the intricacies of modern medicine.

As medical education strives for continuous improvement, ChatGPT emerges as a transformative tool that holds the potential to reshape the landscape of medical education and drive meaningful curriculum reform.

ChatGPT’s integration into medical education represents a transformative shift in educational approaches. It offers a wide range of capabilities, from serving as a repository of medical knowledge to facilitating collaborative learning. As medical education continues to evolve, ChatGPT emerges as a powerful tool that can reshape pedagogy and drive meaningful curriculum reform to meet the needs of modern healthcare practice. ChatGPT emerges as a transformative tool that holds the potential to reshape the landscape of medical education and drive meaningful curriculum reform.

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